

## About the Performer

# The Chronic Single's Handbook

Written and Performed by Randy Ross

### Scene One

*Vicodin, Ambien, or Heineken?*

### Scene Two

*Romance on a Greek ferry  
Marriage is no barometer of mental health.*

### Scene Three

*The naughty nurse of Phnom Penh  
Domination for Dummies*

### Scene Four

*You must be careful in Cape Town.  
OK, randy Randy, let's go to your hotel.*

### Scene Five

*There are worse things in life than being single.*

### Scene Six

*The chronic singles of the animal world: Do they worry about  
dying alone?*

### Scene Seven

*The three romantic attachment styles: normal, needy, and  
Lone Ranger.*

Randy Ross is a novelist, performer, and Web consultant. His fiction, erotica, and humor have appeared in *The Drum*, *Black Heart Magazine*, *Side B Magazine*, and *Calliope*, among others. His comedy novel, *God Bless Cambodia*, was published in 2017 by The Permanent Press, a publisher of literary fiction. Ross's one-man show, *The Chronic Single's Handbook*, based on the novel, has been featured at fringe theater festivals in the U.S., Canada, and Edinburgh, Scotland.

Ross writes a popular Web marketing blog and lectures about self-promotion for writers. For seven years, he was an executive editor for *PC World* magazine. He holds a masters in journalism from Northwestern University.

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